



chilled lunch table

enhancements

lunch tables include freshly brewed starbucks® regular and decaffeinated coffee, assorted tazo® teas and condiments

based on 1 hour of continuous service.

constructed loaves lunch table

kettle fresh soup

field greens salad with blueberry dressing
roasted vegetable pasta salad with fresh herbs

bistro style sandwiches including:

- mediterranean tuna salad wrap with fresh tomatoes and cucumber
- herb roasted chicken with peppers and basil pesto
- shaved black forest ham with sweet onions and triple cream brie
- montreal smoked meat with sauerkraut and swiss cheese
- white balsamic grilled vegetables with goat cheese
- old fashioned egg salad with fresh scallion

fresh baked apple and cherry strudel 31

if you build it lunch table

kettle fresh soup

baby spinach salad with strawberries and onion vinaigrette
baked potato salad with sour cream dressing
creamy coleslaw with shredded carrots and cilantro

market fresh deli boards with:

black forest ham, herb roast beef, fresh roasted turkey, smoked salmon, salami, montreal smoked meat, grilled vegetables, sliced swiss and cheddar cheese, healthy choice tuna salad, assorted grain rolls and breads

mini french pastries 31

- sliced fresh seasonal fruit 6
- seasonal berries and cream 7
- individual gourmet potato chips~per item 3
- bottled still water~per btl 4
- bottled mineral water~per btl 4
- assorted soft drinks~per can 4
- individual bottled classic sodas-lemon lime, root beer, orange , cream soda~per item 6
- upgraded italian deli meats:
prosciutto, pancetta, provolone cheese, calabrese sausage 3

all pricing is per person unless otherwise noted. prices are exclusive of 15% service charges, and applicable taxes.

wraps and pockets lunch table

kettle fresh soup

orcheitte pasta salad with fresh herbs, plum tomato, red onions and cucumber salad
simple greens with white balsamic dressing
grilled chicken pita with celery, apples and raisins

california turkey wrap with avocado, corn and provolone cheese
italian wrap with ham, salami, mozzarella, roma tomatoes, and pesto
grilled vegetable pita with goat cheese and herbed olive oil cucumbers and sprouts
shrimp and scallop pita with dill mayonnaise

mini fruit tarts 31

rejuvenating spa lunch

miso soup

baby spinach and goji berry salad
sunrise tomato salad
pearl barley and quinoa salad with dried fruits
asian tuna nicose with rare grilled tuna, french green beans, tomatoes, boiled egg, wasabi yogurt drizzle

poached chicken with lemon soya broth
organic brown rice pilaf
steamed market vegetables

sliced fresh fruit
yogurt and granola parfaits 34

additional fee for guarantees less than 15 ~per person 5

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hot lunch table

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ying yang lunch table

wonton soup

bok choy and nappa cabbage slaw
asian cucumber, peanut and sesame salad
boston bibb salad with poached pears, red onions, and wasabi cucumber dressing

spicy and sweet pineapple chicken
vegetarian stir fry with sweet peppers, broccoli, carrots, celery and coconut peanut sauce
perfumed jasmine rice

almond cookies
caramel flan 33

tuscan lunch table

minestrone soup

vine ripened tomatoes with bocconcini and aged balsamic syrup
roasted and grilled antipasto with peppers, zucchini, eggplant, artichokes, mushrooms, kalamata olives
fresh caesar salad with crisp romaine, house made dressing, croutons and asiago cheese

roasted chicken with cacciatore sauce
white and wild rice pilaf
cheese and spinach tortellini with plum tomato cream sauce

tiramisu squares
grand biscotti 33

enhancements

egg rolls with plum sauce 2

assorted katsura sushi rolls 6

traditional pad thai 4

pesto crusted salmon 5

chicken parmesan 5

veal scallopini with baileys mushroom sauce 6

premium pizzas

lyonnaise: black olive tapenade, sauteed onions
indian: naan shell, butter chicken, spinach, goat cheese
italian deli: prosciutto, salami, roma tomatoes, bocconcini

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pizza pie lunch table

caesar salad with crisp romaine, house made dressing, croutons and asiago cheese
italian panzella salad

gourmet pizza selection (choose 2):

vegetarian: roasted vegetables, mushrooms, parmesan cheese

mediterranean: pesto, roasted peppers, artichokes, red onions, goat cheese

north american: pepperoni, mushroom, green peppers, mozzarella

double fudge brownies

grand biscotti 32

southern bbq lunch table

red bean soup

mini corn muffins

gathered greens with ancho pepper dressing

sante fe pasta salad with corn, cucumbers, chillies and cilantro

tortilla chips with salsa

jack daniels bbq chicken

louisiana shrimp and sausage jambalaya

buttered corn and peppers

texas double fudge layer cake 34

additional fee for guarantees less than 15 ~per person 5

cheese 3

bbq pulled pork with mini kaisers 4

vegetarian quesadillas 4

black molasses baked beans 3

assorted soft drinks~per can 4

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hot plated lunch

enhancements

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liquids and leaves

choose 1:

field greens salad
blueberry and onion dressing

caesar salad
house made dressing, croutons, asiago cheese

cumin scented butternut squash puree
cinnamon creme fraiche

wild mushroom cream

gin and plum tomato puree
with a basil drizzle

vegetable minestrone

smoked chicken chowder 3

vine ripened tomatoes and bocconcini
basil pesto, herb olive oil, balsamic syrup 3

boston bibb and spinach salad
candied pecans, pears, cambozola cheese, roasted shallot vinaigrette 3

seasons crab cakes
celeriac slaw, lime aioli 6

mulligatawny chicken soup
raisins, toasted almonds, apple 3

lobster and crab chowder 4

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main event

choose 1:

pan seared atlantic salmon
edamame bean
corn and squash succotash 41

multigrain risotto
wahini, wild and arborio rice, roasted corn, toasted pumpkin
seeds, snap peas, wild mushrooms, sundried cranberries,
vegetable cream stock 41

mediterranean breast of chicken
feta, sundried tomato and black olive stuffed
wild mushroom risotto 41

sage and apple stuffed breast of chicken
yukon gold mashed potato, market vegetables
port wine jus 43

herb roasted striploin of canadian beef
au gratin potato, seasonal vegetables, fresh herb jus 46

white tea saffron poached halibut
orange and ginger stir fried baby bok choy
organic brown rice 46

large bottled still water~per btl 12

assorted soft drinks~per can 3.75

large bottled sparkling water~per btl 12

sweet rush

choose 1:

spiced pumpkin tart
maple scented whipped cream

cranberry and apple crumble pie
cream anglaise

double fudge chocolate slice
raspberry coulis

key lime tart
blueberry compote

vanilla bean ice cream scoop 2

cinnamon ice cream scoop 2

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grab and go

enhancements

on the run

one piece of sliced fresh fruit
deli sandwich-choice of roast beef and cheddar,turkey and
swiss, grilled vegetables with goat cheese
bag of chips
homemade cookie
can of juice or soft drink 19

bottled sparkling or still water~per btl 4

assorted soft drinks~per can 4

on the run

freshly baked muffin
piece of whole fruit
bottle of juice 10

healthy start

chewy granola bar
piece of whole fruit
bottled water 10

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